Thank you for saying

To Celebrate Life Breast Cancer Foundation Annual Report 2012





A Message from our Board President

"JUST SAY YES!" — The theme of 2012. This positive response enabled our volunteers to master jobs with enthusiasm and expertise. To Celebrate Life is fortunate to have many such volunteers with abundant talents who share these gifts with the Foundation and each other.

"JUST SAY YES!" has also applied to the many donors and sponsors who support not only at Foundation levels, but for specific events. This includes the generous in-kind donors, giving services and items that are used in our event live and silent auctions.

And finally, to our Board of Directors, who say **"YES!"** often as they come together each month, and work to ensure success and keep this Foundation within the regulations of the State of California and our 501c(3) nonprofit status — without you we are nothing.

Through all of these efforts in 2012, we helped 1,967 individuals and identified 29 new breast cancer diagnoses. Additionally, we were able to grant \$237,513 to 19 San Francisco Bay Area nonprofits that will serve thousands of people with breast health issues in 2013.

Every single person who said, **"YES"**, is a vital and cherished part of the To Celebrate Life family. Without each and every one of you, there could not be a continuing Grants program — our reason for existence.

We recognize and thank you for your service, your dedication, and your passion to ensure that no one should face breast cancer alone.

We are most grateful! Jane G. Pallas *Board President*

2012 Board of Directors

Judie Belmont Jeanne Capurro Cheryl Ewing, MD Victoria Granucci Judy Hallman Willa Jefferson-Stokes Jane Pallas Yvonne Robinson Kim Wimer

Your **SUPPORT** enables our Grantees to say **"YES!"**

SF General Hospital Foundation Bayview Breast Health Project

Veronica Shepard

As director of this important program since 2007, Veronica's mission is to help the women of Bayview Hunters Point get informed about their breast health. "Many of them are struggling to survive, so health care is a low priority," Veronica explains.

The Bayview Breast Health Project administers direct patient support services and navigation to underserved individuals. These services include breast screening, mammograms and follow-up care. A monthly Mammography Day at the Southeast Community Clinic is a main feature of the program. But the challenge is getting women to attend.

It's about building trust

Since she grew up in the community and went to school with many of the women she serves, there's a trust factor already in place. "It takes a lot of groundwork, building relationships. Building trust through mammography was a winwin," she says. Prior to Veronica coming on board, the no-show rate on Mammography Day was huge.



Veronica has changed that by calling people, asking if they are available to come in for a mammogram, and making appointments.

"That's the model I operate under," she says, "talking to people, asking how are you doing...you need a mammogram. Then I make reminder calls. We provide them with healthy food, gifts, tea and coffee. We do a survey, and talk about their other health issues." As a result, the no-show rate has dropped by more than half.

If a client's mammogram is positive, she is followed up with additional imaging. If she is diagnosed with breast cancer, she is connected with other navigators.

"The grant from To Celebrate Life allows me to do what I love to do – reach out and touch women's lives so they feel more valued than they often experience. It's more than just breasts. It's about leaving an imprint in a woman's mind and in her heart that her health is important and that someone really cares."

"This is life changing work," says Veronica.

"The grant from To Celebrate Life allows me to do what I love to do – reach out and touch women's lives so they feel more valued than they often experience."

Veronica Shepard Director, SF General Hospital Foundation Bayview Breast Health Project



"They treated me so well. It was the first time I had a mammogram where I didn't feel like a piece of meat."

Valeria L.

Valeria L.

During a self breast exam, Valeria felt some knots that concerned her. She knew she needed a mammogram but having lost her job, she couldn't afford to go for the test. As she talked among her friends, someone told her about Mammography Day at the Southeast Clinic, a To Celebrate Life grantee. Valeria contacted Veronica Shepard, the Director, and she was scheduled for the test.

"They treated me so well," she recalls. "It was the first time I had a mammogram where I didn't feel like a piece of meat." Since she had such a positive experience, Valeria makes it a point to be screened once a year. Fortunately, she has not been diagnosed with breast disease.

"Now I refer other women to Veronica when they need help, she is full of resources. And it's not just about the mammogram," says Valeria. "They give a good class on how to do the self breast exam. I thought I was doing it right, but found out I wasn't. I just thank God every day that I got connected to Veronica, she's helped me in so many ways."

Valeria and hundreds more, thank everyone who said **"YES!"** and generously donated their time, talent, and financial assistance. Your dedication and support of To Celebrate Life truly made a difference in their lives, more than you will ever know.



TO CELEBRATE LIFE BREAST CANCER FOUNDATION

No one should face breast cancer alone.

In 2012, To Celebrate Life said **"YES!"** to 19 Bay Area grantees

In April 2012, To Celebrate Life Breast Cancer Foundation granted \$237,513 to 19 Bay Area non-profit organizations. These funds assisted underserved women and men with breast health issues by providing emergency funds, direct services and diagnostic tests. Navigational services helped patients access government services and emotional support programs during treatment.

Adopt A Family of Marin

Breast Cancer Assistance Project Marin

Alta Bates Summit

Foundation Breast Health Case Management Services for the Uninsured *Alameda*

Breast Cancer Connections

The Gabriella Patser Program To Celebrate Life Breast Cancer Foundation – Harbor Point Fund *Marin*

Breast Cancer Emergency Fund

Emergency Financial Assistance San Francisco, Santa Clara & San Mateo

The Ceres Community Project

Healing Meals for Healthy Communities – Breast Cancer Support Marin & Sonoma

Charlotte Maxwell Complementary Clinic

Funding for Unmet Needs of Low Income Women with Advanced Breast Cancer Alameda, Contra Costa, Marin, San Francisco, San Mateo, Santa Clara, Solano

Circulo De Vida Cancer Support and Resource Center Women's Support Program

Vomen's Support Program San Francisco, referrals from East Bay & San Mateo

HERS Breast Cancer Foundation We Support, You Survive. East Bay

Hospice By The Bay Breast Cancer Care Fund Marin

Institute For Health & Healing

Holistic Support for Breast Cancer Patients *Marin*

La Clinica de La Raza, Inc.

Spanish Speaking Women's Cancer Initiative, a project of the Latino Cancer Collaborative of Contra Costa *Contra Costa*

Lyon-Martin Health Services Breast Health Program San Francisco

Marin Center for Independent Living

Breast Cancer Benefits and Advocacy Project Marin

Marin General Hospital Foundation

Breast Ultrasound/Core Biopsy Fund for Uninsued Women To Celebrate Life/Harbor Point Fund *Marin*

Meals Of Marin Food Project for Patients Battling Breast Cancer *Marin*

San Francisco General Hospital Foundation

Bayview Breast Health Project San Francisco

Shanti LifeLines Breast Cancer Program San Francisco

Sutter Pacific Women's Health Center

Resources Navigation to Latina Women Sonoma

Women's Cancer

Resource Center East Bay Breast Cancer Emergency Fund Alameda & Contra Costa

HERS Breast Cancer Foundation We Support, You Survive.

Dr. Vera Packard

To Celebrate Life said **"YES!"** to this worthwhile program which provides free post-mastectomy garments to underserved women affected by breast cancer.



Dr. Vera Packard, HERS Breast Cancer Foundation Executive Director, explains that "a lot of women don't know that these bras and prostheses are available." And she points out that even though insurance does cover these products there is still a percentage of the population that doesn't have insurance and they don't know where to go.

Based in Fremont, HERS mainly serves clients from

••With the grant from To Celebrate Life we were able to serve 36 women in 2012.••

Dr. Vera Packard, Executive Director HERS Breast Cancer Foundation We Support, You Survive.

Alameda County who are referred by breast cancer care navigators in local hospitals. They also work with the Latinas Contra Cancer, Women's Cancer Resource Center and other agencies that serve the underserved population in the Bay Area.

"After surgery the patients need camisoles and post surgical bras," says Vera. "As they heal, we provide two bras with pockets for the prostheses. It helps them feel whole again."

Vera recalls a client who came to her first visit at HERS hiding behind shawls. "With our help she was able to go into the world, including going to the beach, feeling like a normal woman."

After a mastectomy or lumpectomy some women choose not to do reconstruction. "What we offer gives them a choice," she says. "They can look nice without going through more surgeries. With the grant from To Celebrate Life we were able to serve 36 women in 2012."

Dr. Packard was a breast cancer surgeon in her native Brazil. She joined HERS in 2008, and this program was launched the following year. "The bras and prostheses are tools," she says. "It's about bringing dignity to a woman's life and making her feel good about herself."



"The bra makes you feel better about yourself, and your clothes fit better."

Nancy J.

Nancy J

Nancy was diagnosed with breast cancer in 2004. She had gone for a mammogram, and the technician was out of the room for a long time. She began to wonder, is something up? "They said something was there," recalls Nancy, and she was sent for a biopsy. Nancy had a single mastectomy with no follow-up treatment. She opted not to have reconstruction.

"I'm single, and I don't have a relationship, so it doesn't bother me," she says. Nobody ever mentioned special bras to Nancy. "I stuffed my bra to make it look like I had something," she says.

But one day, she was walking down the street and passed the office of HERS Breast Cancer Foundation, and curiosity got the best of her. She went in and learned about their *We Support, You Survive* program and was fitted with a bra and prosthesis. "The bra makes you feel better about yourself, and your clothes fit better," the survivor says. "The only thing you don't have is cleavage," she laughs.

Thank you for saying "YES!"

Your donations and our stewardship enable our grantees to continue their work supporting underserved Bay Area women and men struggling with breast cancer.



TO CELEBRATE LIFE BREAST CANCER FOUNDATION

No one should face breast cancer alone.

Your **DONATIONS** Our **STEWARDSHIP**

To Celebrate Life Breast Cancer Foundation raises money then grants funds to carefully screened nonprofit organizations that provide services to Bay Area women and men living with the many challenges of breast cancer.

2012 Fundraising Overview

The Foundation's main source of income continues to be sponsorships and our own fundraising events. However, in 2012 income from community events made a significant contribution to our bottom line.

These events included:

- Marin Country Club Celebrity Hostesses for the month of July al fresco dinner with raffle
- The Dailey Method a portion of proceeds from October classes were donated to the Foundation
- The Meadow Club Women's Golf Association supported the Foundation with funds raised at their 2 Jacks and 2 Jills tournament.

A new revenue stream was introduced at Stepping Out in 2012. Our Sponsor a Model program enables friends and family to support a model's inspirational walk down the runway – \$25 one way, \$50 round trip, or any other amount.

Fund A Need Donations

Fund A Need, a popular fundraising feature at Stepping Out and Tee It Up, provides funds for emergency financial aid, direct services and support, navigational services and diagnostic testing. Fund A Need income in 2012, which includes revenue from our Sponsor A Model program, increased 48% over 2011.

Deciding which organizations warrant help

Based on needs assessments developed by breast cancer advocacy groups, we evaluate the most urgent needs within the nine Bay Area counties that we serve. Applicants are required to provide financials, specific impact of grant money, etc., for our use in determining whether they qualify for a grant.

Making sure your donations are used responsibly

Our Grants Committee, consisting of community leaders, breast cancer survivors, members of the medical community and board members, reviews all applications. Grants are only awarded to programs that provide direct support services, with emphasis on underserved populations.

Continuous monitoring and reporting ensure that the funds are being used appropriately. With our careful selection process and meticulous follow up, you can be certain that your contributions are going where you intended – to help people with critical needs, throughout the communities we serve.

Your 2012 dollars provided...

\$237,513 Granted to 19 Bay Area organizations

1,967 Unduplicated, underserved Bay Area patients

struggling with breast cancer received support including the following:

92 Screening and diagnostic tests

29 New breast cancer diagnoses identified through To Celebrate Life grants

200 Patients received emergency funds to cover rent, utilities, co-pays, prescriptions and dental helping stabilize them financially during treatment

508 Patients received direct services such as food, transportation, clinical breast exams, group support programs and post-mastectomy garments

7,550 Nutritious meals delivered to breast cancer patients and their families during treatment

208 Complementary therapy sessions helped 52 patients tolerate chemotherapy and radiation

1,115 Patients received navigational assistance to maintain or acquire health insurance, access government services and identify counseling and group support programs during and after treatment



2012 INCOME SOURCES

Sponsors 31% Event Income 30% Fund a Need 15% Community Events 13% Investment Income 6% Donations 5%



2012 SERVICES FUNDED

Emergency Services 30% Direct Services 29% Navigational Services 23% Diagnostic Testing 13% Complementary Therapies 5%

Celebrating our 2012 major sponsors and donors

\$45,000 +

Harbor Point Charitable Foundation

\$10.000 +

Blanche Thebom Trust Brayton Purcell, LLP George and Sue Bull The Dailey Method Kaiser Permanente Marin General Hospital Foundation Marin Specialty Care Frank and Lois Noonan Marin Luxury Cars, |aguar/LandRover/Aston Martin Marin/Fisker Marin, a Price Family Dealership Yvonne and Charles Robinson UCSF Helen Diller Family Comprehensive Cancer Center Wareham Development Wells Fargo Foundation

\$5,000 +

Autodesk leanne and Adolph Capurro Fenwick Foundation Gruber Family Foundation Iulie and Kurt Hauser Meadow Club Women's Golf Association Mentor Worldwide LLC Kathryn Niggeman

Sutter Pacific Medical Foundation

\$2,500 +

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\$250 +

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To Celebrate Life Breast Cancer Foundation deeply appreciates contributions and donations at every level. For a full listing of our donors, please visit www.tocelebratelife.org.

Our Mission:

Raise funds and grant financial assistance to nonprofit organizations that provide services and support to people living with breast cancer.

To accomplish this we:

- Seek sponsorships, donations, and hold fundraising events
- Assess needs and evaluate programs that best address the challenges faced by people undergoing breast cancer diagnosis, treatment, and recovery
- Provide grants to Bay Area nonprofits that have demonstrated the ability to achieve their program goal, and evaluate results of funded programs

We are guided by our survivor spirit and our passion to touch the hearts of those who need our help.



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