

in the LOOP

June
2011

TO CELEBRATE LIFE
BREAST CANCER FOUNDATION

Save the Date!

North Bay F.C. Wave Women's Semi Pro Soccer

To Celebrate Life will receive 100% of all ticket sales
Sunday, June 12

5:00 pm (tickets available at the gate at 4:00)
Redwood High School
Larkspur

[Information - Directions](#)

Tee It Up *To Celebrate Life* **Monday, June 20** Sonoma Golf Club Sonoma

[Registration](#)

Esurance Tennis Classic

Portion of proceeds benefit
To Celebrate Life
September 23-25

The Club at Harbor Point
Mill Valley

Stepping Out *To Celebrate Life* **A Night to Bond** **Saturday, October 1** Marin Center Exhibit Hall San Rafael

Last Chance to Register for *Tee It Up To Celebrate Life*

Don't miss what promises to be our best *Tee It Up* yet! It starts with golf at the beautiful Sonoma Golf Club, followed by cocktails on the veranda, a dinner buffet, and a chance to win the use of a Maserati for a weekend!

[Register Online](#) by June 16th!

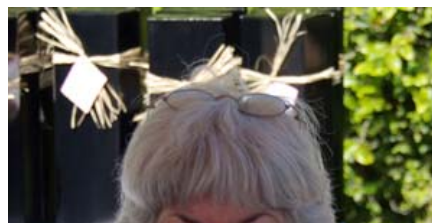


A great day of golf! *Tee It Up To Celebrate Life*, Sonoma Golf Club

Faces of the Foundation

This month we celebrate **Elaine See**, a long-time volunteer who has contributed to the *Foundation* in many roles and in many ways.

Elaine heard about *To Celebrate Life Breast Cancer Foundation* at a Marin General Hospital Breast Health Program support group. She began volunteering with the *Foundation* shortly thereafter, first





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[To Celebrate Life](#)

as a model in *Stepping Out To Celebrate Life* in 2002.

Since then, Elaine has done almost every "job" there is within the organization, from money manager to board treasurer, as well as making sure you get to sit with your friends at *Stepping Out*.

Not only has she written the checks, she has also helped raise the money. She co-chaired *Stepping Out* for three years, volunteered for almost every *Foundation* event and served on the board of directors for three years. Her superb organizational skills, attention to detail and overall passion have made her an invaluable member of the *Foundation* family.



Of her experience with the *Foundation* she says, "It's a pleasure working with such a wonderful group of women and men with whom I will have long lasting friendships. Each and every one of them gives a tremendous amount of their personal time and dedication to help those who are in treatment for breast cancer or in need of diagnostic services.

Tennis Players Rallied for the Cause

The May 23rd ***Rally for Health and Hope*** was a well-attended event, with over 80 players from around the Bay Area enjoying the traditional *Rally* women's round robin and a mixed doubles tournament. A finale cocktail reception was held at Ferrari-Maserati of San Francisco, in Mill Valley, with silent and live auctions as additional fundraisers.

Heartfelt thanks to all the volunteers, donors, sponsors, and contributors to the live and silent auctions, who helped make this event possible. Funds raised will contribute to:

- Grants by *To Celebrate Life Breast Cancer Foundation* to vital organizations supplying direct services to women and men meeting breast cancer challenges.
- *Youth Tennis Advantage's* program of academic and tennis tutoring for youth in inner-city areas, to foster higher education opportunities and increase success in their personal lives.



Rally for Health and Hope Harbor Point, Mill Valley

Helping Lila - Emergency fund assists breast cancer patient

'Lila' is a vibrant young African American woman in her mid-thirties. Blindsided by a Stage III breast cancer diagnosis two years ago, she started on an aggressive course of chemotherapy. Unable to work, [Breast Cancer Emergency Fund](#), a 2011 *Foundation* grantee, helped cover her rent.

Soon after, dental issues exacerbated by the chemotherapy led to extractions and dentures, which BCEF also paid for. This past year more dental adjustments were necessary to improve her ability to eat. BCEF was there again to assure that 'Lila' would have the ability to enjoy fresh fruits and vegetables, enhance her health and improve the quality of her life.

Help make a difference in someone's life...

[Donate Today!](#)

Tidbits

Red, White and Pink ... On behalf of the many Bay Area women and men coping with breast cancer who will receive support as a result of *Red, White and Pink*, the Healdsburg wine tasting event held on May 14, a heartfelt thank you to the East Side Bunch, Acorn Winery and all those who attended. Thanks also to Truffle Gateau for their amazing Belgian chocolates and for donating a portion of

their sales at the event.

Your donations at work ... For every \$75 we receive, we can provide a low cost screening mammogram for someone who can't afford one. For every \$250, we can provide a diagnostic mammogram for a woman or man who is anxiously waiting to see if she or he has breast cancer.

Other services your generosity will help provide: support groups for young women (under 30) with small children who have advanced breast cancer, hospice services for those in need of end-of-life support, and many more.

Fifteen Ways... In keeping with the Foundation's 15th anniversary, here are 15 ways to help a friend with breast cancer.

1. Take her/him to doctor appointments and take notes.
2. Bring food or gift certificates for take-out.
3. Offer to be the communicator, keeping mutual friends in the loop.
4. Get the car washed and fill the tank.
5. Help with laundry.
6. Send a manicurist or a masseuse to the house.
7. Listen.
8. Encourage.
9. Help shop for a wig.
10. Provide a housecleaner for a day.
11. Show her how you did your make-up when you had no eyebrows or eyelashes.
12. Run errands.
13. Have your partner talk to her/his partner - they need support too.
14. Be the parent for a day - take kids out to a movie or for ice cream.
15. Check up on her/him often.

Based on an article by Nicole Johnson

