



Stepping Out presents Viva LAS VEGAS!



Registration is now open for the 18th annual Stepping Out To Celebrate Life, Marin's premier breast cancer gala and fundraiser. Proceeds benefit San Francisco Bay Area nonprofit breast health programs. Join us as we celebrate glamorous, amorous Las Vegas of the 1950's!

WHEN

September 28

- 5:30 pm Cocktails and Silent Auction
- 7:00 pm Dinner catered by McCalls
- Fashion show featuring breast cancer survivor models
- Live Auction & "Best of Live" Raffle
- Dancing to the music of Richard Olsen Orchestra
- Casino Games by Vegas Magic
- Black Tie (Optional)

WHERE

Marin Center Exhibit Hall, San Rafael

RESERVE ONLINE NOW



Save the Date!

SPONSOR a 2013 Stepping Out Model

Stepping Out Committee Meeting

We welcome **everyone**
to be part of our largest gala
fundraiser!

August 26 - Final Meeting
6:30 - 8:30 pm
Hospice by the Bay
17 E Sir Francis Drake Blvd.
#100 (2nd floor)
Larkspur

Show your love and support by sponsoring a 2013 model as they make their inspirational walk down the runway on Saturday, September 28.

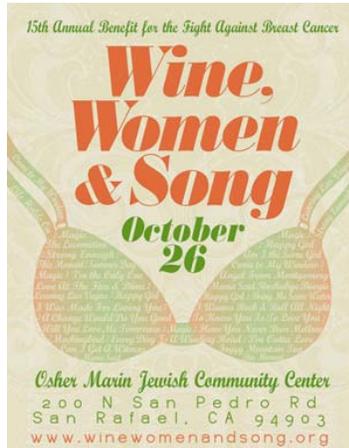
Suggested one-way sponsorship is \$25; round trip is \$50.

All proceeds support To Celebrate Life's Grants Fund which provides emergency and direct services to Bay Area women and men living with breast health issues.

SPONSOR A MODEL

Harbor Point Wine, Women and Song

Saturday, October 26
Marin Jewish Community Center
San Rafael



Benefiting To Celebrate Life and
Zero Breast Cancer
Check our website for upcoming
information

Join our Facebook Community



2012 Stepping Out Models make their runway debut

Foundation Celebrates 10th annual Tee It Up Mixed Golf Tournament

After a drizzly start on Monday, June 10, the weather cleared enough for all golfers to go out and complete the beautiful 18 holes at Marin Country Club in Novato.

Lots of fun vying for the closest to the pin, the longest drive, and especially the Hole-In-One, where the winner was hoping to go home in a brand new Mercedes SUV. Although the automobile did go back to R.A.B. Motors / Mercedes Benz, Tee It Up's Premier Presenting Sponsor, Mercedes Benz is sending two members of the winning foursome to their Championships Western Sectional in Hawaii. The day ended with lots of good food and tired, but happy golfers! Look to our website for future plans on Tee It Up 2014.



Tee It Up golfers:

Face of the Foundation - Kathleen Kilkenny



Kathleen has been a dedicated volunteer for 15 years. She started as a dresser when her close family friend, Carol Huff, modeled in Stepping Out. And she's been hooked ever since.

The following year Kathleen worked on decorations for the event and served as Time Manager for several years. Then, six years ago she became the lead on the Reservations committee.

Recognizing her superb admin skills, the Tee It Up To Celebrate Life committee called on Kathleen for help, and she said YES! She assisted with the silent auction and made sure the flow of the day went smoothly. In 2013 she stepped up as the golf tournament's Event Chair. "My experience with Stepping Out for so many years made me confident that I could put it together for Tee It Up," she says.

Kathleen wants everyone to know that you don't have to be a breast cancer survivor to volunteer with To Celebrate Life. "You could be supporting a friend, a mom, a sister...anyone who walks on that Stepping Out stage."

There have been times when she's said, "I'm never doing this again." So why hasn't she followed through? "Going on site visits to our grantees and seeing where our dollars go and how they help has had a tremendous affect on me," says Kathleen. "And knowing that our funds are monitored - that the money goes where we say it's going - keeps me here for the long haul."

We couldn't be more grateful for Kathleen's hard work and dedication.

To Celebrate Life Welcomes New Board Member



The Board of Directors is pleased to welcome David R. Martin as a new addition to our Board.

Achieving his Bachelor of Arts degree in 1980 from Baylor University in Texas, David Martin received his Masters of Divinity degree in 1987 from Golden Gate Theological Seminary in Mill Valley, CA.

Today he serves as Cancer Support Services Manager in Outpatient Oncology at Kaiser San Rafael. Prior to that, he was Manager of Spiritual Care

Services at Kaiser Foundation Hospital in San Rafael from 2004-2012.

With his varied experience in chaplaincy and provision of spiritual care, interdisciplinary leadership of staff, training of volunteers, and leadership as Executive Director of Marin AIDS Interfaith Network and more, David brings his strong interpersonal skills, fundraising experience, and talents in successful strategic planning to our Foundation Board. We are so

very fortunate to have David's innovative perspective and insights as we move forward in serving our To Celebrate Life constituents.

To Celebrate Life Establishes Medical Advisory Board

Made up of well-informed, highly respected medical professionals, this group will advise the Foundation on matters including:

- Medical guidance or referrals that come our way
- Review of articles to be published in our e-newsletter and in social media
- Raise awareness of the Board of Directors as to relevant medical issues and/or procedures

Current members of the Foundation's Medical Advisory Board are:

Cheryl Ewing, MD PhD (Board Chair), Clinical Professor of Surgery, Carol Franc Buck Breast Care Center, UCSF

Francine Halberg, MD, Radiation Oncologist, Marin Specialty Care

Bobbie Head, MD PhD, Medical Oncologist, Marin Specialty Care

Victoria Landes, LCSW, Breast Care Coordinator, Kaiser Permanente

Edward Sickles, MD FACR, Professor Emeritus of Radiology, UCSF

Garrett Smith, MD, Medical Oncologist, Smith Integrative Oncology

Just Say YES! - And become a To Celebrate Life Volunteer

Volunteers are the core of our organization and we're always looking for people to join our Foundation family. Whatever your talent, skills and interests, there are so many opportunities and ways you can help make a difference. Volunteering is fun, and so rewarding!

Our WISH LIST

Do you have skills in any of these areas?

- * Event planning/production
- * Fundraising
- * Silent auction soliciting
- * Videography/video-editing
- * Database skills
- * Graphic design
- * Writing - proof reading
- * Photography
- * General Foundation administration assistance
- * Social media



2013 Stepping Out Executive Committee Chair, Kathy Lemke, volunteered at Tee It Up

Read more about how you can make a difference and **Just say YES!** Sign up to [VOLUNTEER](#) or email our [Volunteer Coordinator](#) for further information.

How **YOUR DONATIONS** Help

Sutter Pacific Women's Health Center - a 2013 Grantee

The Sutter Pacific Medical Foundation Women's Health Center (WHC) opened in 1998 as an off-site, outpatient department of Sutter Santa Rosa. The Breast Care Center (BCC) is an integral aspect of the Women's Health Center and was developed in response to the increasing need and demand for a coordinated, compassionate, woman-focused team approach to assist patients and their families through all the phases of breast cancer care: its diagnosis, treatment, and recovery.

The experts at the BCC work closely with surgical, oncological, and radiation specialists in the community, and support implementation of high quality medical services for all women regardless of where they receive their care. In this way, the BCC serves as an advocate by focusing on the importance of breast cancer care and pushing to improve the quality of that care throughout the community.

Learn more about [Sutter Pacific Women's Health Center](#)



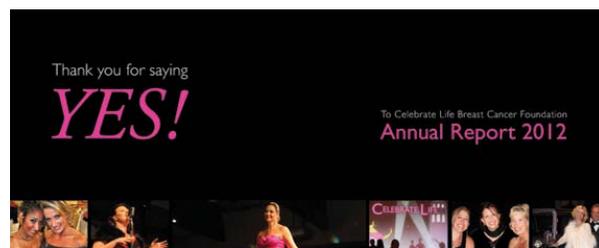
Cindi Cantril, Director of Sutter Pacific Women's Health Center accepts grant at April 2013 Grants Reception. Patti Pedrolli, Wells Fargo, presents the check on behalf of To Celebrate Life.

Donate Today!

Help make a difference in someone's life!

To Celebrate Life 2012 Annual Report

Read about what we accomplished because so many sponsors, donors and volunteers said **"YES!"** The annual report includes information on our financials, grantees and events. You'll also meet some people who



have benefited directly from our grants.

[2012 Annual Report](#)



TIDBITS

Benziger Wine Party benefits To Celebrate Life

A special thank you to Benziger Winery for donating part of the proceeds from a private wine tasting featuring specialty estate wines. The April 28th party was graciously hosted at the beautiful home of Chuck Louderback and Miranda Wagner



L to R - Judy Hallman, Jane Pallas, Elaine McCarthy, Maria Edelstein (Foundation Founder)

Square honors Our Volunteers at Italian Street Painting Marin

A square "Dedicated to the fabulous volunteers of To Celebrate Life - Thank You for your dedication and hard work!" was purchased by a private donor and painted by Port Townsend, WA artist Lucie Duclos. The June 29-30 event was founded and organized by long-time To Celebrate Life volunteer and former Board member, Sue Carlomagno.



Volunteering Linked with Lower Risk of High Blood Pressure

Volunteering might literally be good for your heart, a new study suggests. Researchers from Carnegie Mellon University found an association between volunteerism and decreased risk of high blood pressure, which is a major risk factor for heart attack, stroke, heart failure and metabolic syndrome.



[READ MORE](#)

HEALTHBEAT: Cold caps tested to prevent a much-despised side effect of chemotherapy, hair loss

In this photo from July 10, 2013, Dr. Hope Rugo, right, an oncologist and breast cancer specialist, demonstrates the use of the Dignitana DigniCap system on Katherine Serrurier, a research assistant and pre-medical intern, at the University of California San Francisco Mount Zion Hospital cancer center in San Francisco. The caps chill the head and scalp allowing for hair preservation in chemo treatments.



Associated Press - Photo/Eric Risberg

[READ THE STORY](#)

Make a Lasting Gift

You can help fulfill our dream that **no one should face breast cancer alone** . . . now, and in the future by:

- Joining our [Celebration Circle](#) and including a planned gift to the Foundation as part of your estate plan
- Creating a [Legacy Fund](#) honoring or in memory of a loved one

For years to come, your generous gift will help ensure the continuation of To Celebrate Life's mission of providing support to Bay Area women and men living with breast cancer. As an all-volunteer breast cancer organization, we put your dollars to work in our community, not in our overhead.



Help ensure that future patients struggling with breast cancer receive the help they need.

If you have Foundation updates or meeting information to submit for consideration for the next issue, send to [in the LOOP](#)

